

Check Us Out.



Now is a great time to consider the enriching and rewarding lifestyle waiting for you at Town Village Leawood! With newly-remodeled apartments in desirable locations, you'll see why Town Village is more appealing than ever. Priority Reservations are being accepted now. Come take a tour, enjoy a complimentary lunch and see the optimum lifestyle that awaits you at Town Village Leawood.

Call (913) 491-3681 to schedule your personal tour!

“One of my prime considerations for selecting Town Village Leawood was the diversity of the residents. All of us feel blessed to be a part of this very special community.”

- Paul Flam, Town Village Leawood resident



Independent Living
Exceptional Experiences Every DaySM
 4400 West 115th Street, Leawood, Kansas 66211
 (913) 491-3681
www.brookdaleliving.com

Exceptional Experiences Every Day is a Service Mark of Brookdale Senior Living Inc., Nashville, TN, USA. 51340-RES03-1110



Cartoonist Bill Watterson once said, “I like these cold, gray winter days. Days like these let you savor a bad mood.” At senior communities, even the coldest, bleakest days are met with excitement and vitality, not with a humdrum nature or a long winter’s nap (unless that is the day’s plan). There are no monochromatic days for busy seniors.

The intellectual, physical and social activities keep on coming at many of the Kansas City metropolitan’s leading senior facilities. These places pursue community involvement, balanced with a sense of self and self-esteem. *Money Magazine* even ranked the Kansas City area as an affordable place to retire. Affordability was touted, but so was the downtown revitalization, free concerts and free theater at area parks was extolled. Kansas City is rising in the mindset of many that whether one is younger or older, art is going to help make an area livable.

Marketing Director Mendi Hanna, Bishop Spencer Place, says the residents of the retirement community want to have fun and socialize. “Once the holidays are gone, we really need to reach out to older adults. People need the social and emotional health that can be provided here. It’s critical to see seniors right after the holidays when family has gone home and the excitement is over.” Bishop Center Place is in the heart of Kansas City, which allows residents to visit the Nelson-Atkins Museum, Kansas City Symphony, art exhibits in the Crossroads, and oftentimes enjoy dinner on the Plaza. »»

ACTIVELY ARTISTIC

SENIOR FACILITIES HUM RIGHT ALONG DESPITE COLD WEATHER



However, if the winter is as icy, snowy and bitter as the winter of 2010, residents at Bishop Spencer can stay inside and look at their calendar to decide what in-house activity to enjoy. Community choirs and children's groups come in to perform. The Lyric Opera of Kansas City sends entertainment. There are also guest speakers on a variety of cultural, historical and literary topics. "If they want to head out, we have a fleet of cars and a bus that takes residents to scheduled activities. Trips have included visits to the Plaza Library and outings to unique restaurants for Sunday night dinner."

Hanna says art class is also popular. Skill development, intellectual curiosity or social interaction may figure reasons to pursue various forms of art. Remember, it's really never late to learn new things. Teacher Valerie Doran Bashaw comes to conduct class and Hanna has seen three participants stand out in art class. An orthopedic surgeon whose hands aren't as

Retired orthopedic surgeon Dr. John Barnard paints. He is a resident at Bishop Spencer Place.

steady as they were during his time as a surgeon is painting. An artist who has lost her sight to macular degeneration is creating works with lots of textiles and textures, Hanna says. "We have an art gallery that changes every two months. We have found our residents' creations are just right for displaying. Another resident has dementia and art class becomes therapy. The art class is such a mixture. Residents know that they are here to do what they want to do and we provide the freedom to do it."

Lucille Tutera, owner of the Tutera Family Communities that include The Atriums, Carnegie Village, Lamar Court, Rose Estates, Stratford Commons and Victory Hills, says "First off we are privately owned and managed and that helps to show that everyone is an individual and as independent as they want to be. We really believe that a busy person is a happy person. We want our residents to use their minds and bodies because you can lose what you don't use." To stay busy, »»

We'll change the way you feel about retirement community living!



When you live at a Tutera family community, you'll discover that suddenly, there's more time for the time of your life! For example, you can leave all your home maintenance chores in the dust! You'll find spacious, luxurious apartments, delicious menus, fun social events and so much more... including our wonderful staff and the uncommon value we provide.

Call us today for your personal tour. See how affordable carefree retirement living can be and why we say "Family is at the heart of everything we do"™ at the six area Tutera Family Communities!



Never underestimate how a good laugh and an optimistic attitude can help anyone *feel younger, healthier and more fulfilled.*

STUDIES OF PEOPLE who have lived to 100 years of age show they have two things in common — a sense of humor and optimism. It seems laughter stimulates the immune system, helping protect people from disease. And optimism keeps us positive and looking forward to tomorrow. We know it's not always easy to be optimistic about the challenges life can set before us. So whether you're wondering about the freedom of our independent living lifestyle, or the care needs of someone you love, we can help you find answers that work best for you. **Just ask.**

Call today for our free brochure and **together, we'll find the answers.**

You're invited to learn more at one of our upcoming seminars. Call us today at **913.599.6100** for more information.



17500 West 119th Street | Olathe, KS 66061 | www.aberdeenvillage.com



Retirement living • Home health • Advanced care

TuteraCommunities.com

- The Atriums** Overland Park • (913) 381-6000 • atriumsretirement.com
- Carnegie Village** Belton • (816) 331-7848 • carnegievillage.com
- Lamar Court** Overland Park • (913) 906-9696 • lamarcourtal.com
- Rose Estates** Overland Park • (913) 825-9600 • roseestatesalf.com
- Stratford Commons** Overland Park • (913) 851-0215 • stratfordcommonsretirement.com
- Victory Hills** Kansas City • (913) 299-1166 • victoryhillsseniorliving.com



Our Stratford Commons "Memory Care Neighborhood" is Now Open • Tours available daily



can be provided to residents, even those that drive, especially during inclement weather. “Our residents will go anywhere including social events, the grocery store, doctors’ appointments and more. We do our best to accommodate our residents’ needs and wants. If we have another winter like last year, we bring activities in. Residents can participate on social committees and as part of the resident council. There are representatives for the three floors of independent living. They meet with the social director and the executive director to share ideas.”

One of the Presbyterian Manors system’s most encouraging programs is Art is Ageless. At Aberdeen Village in Olathe, residents create lots of artwork, including oils, watercolors, photography and crafts. “Our residents bless us with their talents. We have a 96 year old who makes Faberge eggs. The other fortunate thing is that they want to share what they produce,” Willey says. “Our residents are in their 80s and 90s and still active seniors. There is even a group that wants to raise funds for a putting green. They still volunteer. Families are involved. Aberdeen is just like any other colorful neighborhood.” Their location includes nearby shopping and the Fork and Screen, where moviegoers can order full dinners. As an example of an outing, residents take day trips to Weston for antiquing and wine tasting, Willey says.

Facing page: Thelma Barnett is another enthusiastic painter at Bishop Spencer. This page, above: Genevieve Seligsohn, an artist who lost her sight to macular degeneration, finds a new art at Bishop Spencer Place.

“Residents know that they are here to do what they want to do and we provide the freedom to do it.”

Mendi Hanna
Marketing Director, Bishop Spencer Place

residents at The Atriums, as an example, have their own choir, creative writing class and newspaper. Arts and crafts are big, says Tutera. “We have craft sales and that money goes to charity. Some residents make lap robes and other helpful tools for patients. Some make Mercy dolls. We like to give back to the community,” she says. And if that’s not enough to keep busy, there is entertainment almost every night, including movies and documentaries. There are also bus trips to look at the Plaza lights or to visit local historic homes. “Residents are always busy despite the cold weather.”

Marketing Director Martha Maurin, Town Village Leawood, says the lifestyles director Peggy Ferguson keeps residents engaged. “She plans parties and a themed dinner once a month. There is plenty of fun and entertainment here. We get children’s singing groups and young instrumentalists. We have folk groups come in

to sing and play. Music is really important. People get excited here even when the dark days of winter are upon us. We had such a long winter last year, but we just celebrate through it all. We even have active bridge and poker games going. Sometimes we get the sister communities involved and have tournaments.”

Maurin says there is a Saturday painting class and the residents threw a crafts and art festival. “Some residents that had not painted before had work for sale. They obviously had some talent to begin with. We want our residents to be active too. There’s an indoor pool here.” Town Village Leawood is near the Jewish Community Center, Johnson County Community College and New Theatre Restaurant. Residents attend theater and music performances at these venues.

Marketing Director Suzanne Willey, Aberdeen Village, says transportation

An Exceptional Place in the Heart of it All.

- Distinctive Country Club Plaza location
- Five-star dining by PB&J Restaurants
- Faith based community affiliated with the Episcopal Diocese of West Missouri
- Engaging lifestyle for active seniors
- Non-Profit, full continuum of healthcare affiliated with Saint Luke’s Hospital

Call Mendi at (816) 595-5878 for Lunch & Personal Tour.

Bishop Spencer Place
www.bishopspencerplace.org
4301 Madison Ave.
Kansas City, MO 64111

THE PLACE TO BE FOR OVER 15 YEARS

TICKETS
OLATHE COMMUNITY THEATRE ASSOCIATION

JOIN OLATHE COMMUNITY THEATRE FOR MORE EXCITING SHOWS!

CALL NOW FOR SEASON TICKETS OR TO MAKE RESERVATIONS
913-782-2990

For more information, visit www.olathetheatre.org/season.htm